



## BENEFITS OF SEEKING EARLY DIAGNOSIS

It might not be Alzheimer's! Some illnesses can have dementia-like symptoms that can be reversed or may even be life threatening. It is important to receive a timely and accurate diagnosis. But if it is Alzheimer's, early diagnosis may allow you to:

- ▶ Learn and understand your own disease process
- ▶ Explore resources in your community and online
- ▶ Remain independent for a longer period of time
- ▶ Receive the maximum benefit from available treatments
- ▶ Participate in clinical trials
- ▶ Participate in planning your own future healthcare
- ▶ Plan for your financial future
- ▶ Name someone you trust to make decisions for you when you become unable
- ▶ Reduce burden and stress on your family members and loved ones



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# THE 10 SIGNS OF ALZHEIMER'S DISEASE

- Memory loss that disrupts daily life
- Challenges in planning or solving problems
- Difficulty completing familiar tasks
- Confusion with time or place
- Trouble understanding visual images and spatial relationships
- New problems with words in speaking or writing
- Misplacing things and losing the ability to retrace steps
- Decreased or poor judgment
- Withdrawal from work or social activities
- Changes in mood and personality

If you notice any or all of these warning signs in yourself or a loved one, you should contact a physician.



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ALZHEIMER'S DISEASE ACCOUNTS FOR  
**60-80%**  
OF ALL DEMENTIA CASES

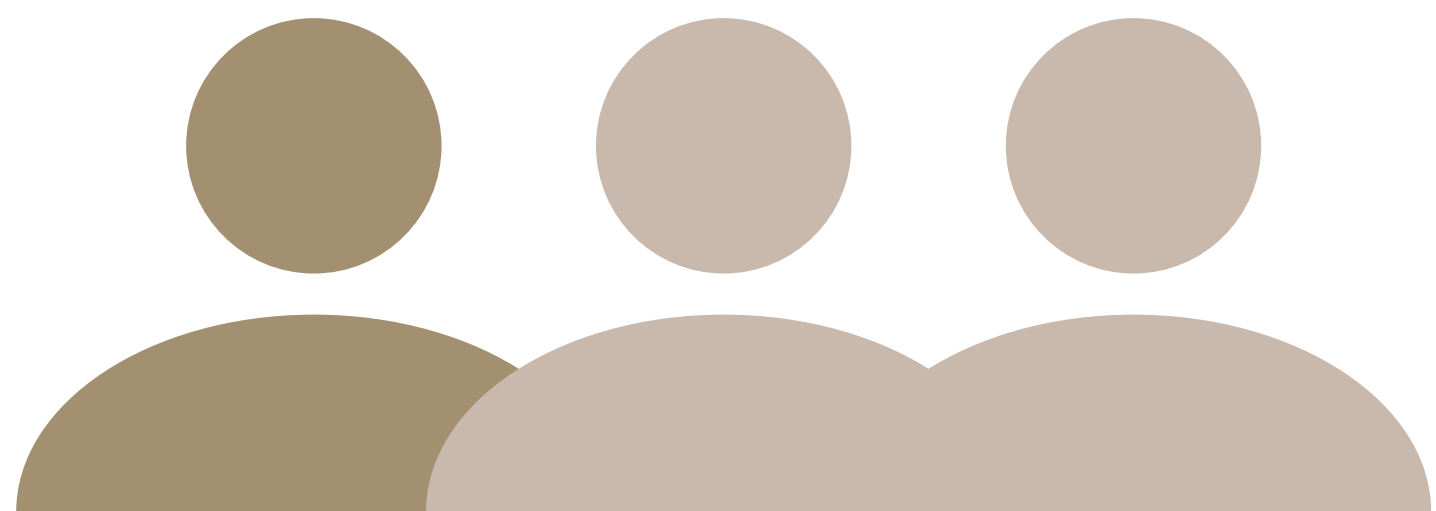
**[6<sup>th</sup>]**  
LEADING CAUSE  
OF DEATH IN THE  
UNITED STATES.

**12%**

Kansans currently have Alzheimer's disease.  
This number is expected to rise 22% by 2025.



Alzheimer's disease cannot be  
prevented, slowed down, or cured.

**[1-in-3]**  
  
SENIORS DIES WITH ALZHEIMER'S DISEASE OR ANOTHER FORM OF DEMENTIA.



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Source: Alzheimer's Association (2009). Know the 10 Signs: Early Detection Matters

Thank you to the Katey Walker Extension Development Fund and the Alpha Rho chapter of Epsilon Sigma Phi's Endowment Fund Grant for Program Innovation for supporting this programming effort.

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MF3270 March 2016