

# SUDDENLY IN CHARGE:

## Tornado Safety



### Safety

Do you know the difference between a tornado watch and a tornado warning?

A **watch** means the weather is right for a tornado. A **warning** means that a tornado has been spotted. If there is a warning or you hear the tornado siren get everyone and go to the basement. If you have no basement, go to the room in the middle of your home or get in the bathtub.

If you have time, put on your shoes and grab a cell phone. If possible, store a flashlight, water, and a blanket at the designated spot. Never go outside to “spot” the tornado. Pass the time by playing memory games.

### Activity

#### Do the “Twist”

Dance, dance, and dance some more. When the music stops, freeze.

#### Tornado in a Bottle

**Materials:** jar with a lid, 1 teaspoon vinegar, 1 teaspoon dish soap, 5 drops food color

**Directions:** Fill jar three-quarters full of water then add all the other ingredients. Screw the lid back on the jar. Swirl and see your tornado.



### Snack

#### Shake your Pudding

**Makes:** 1 serving

**Ingredients:** ½ cup milk, 2 tablespoons instant pudding, any flavor.

**Directions:** Place both ingredients in small container with a tight lid. Shake for 30 seconds.

Enjoy now or put in the refrigerator.



**Wash your hands first!**

Find fire safety tips on the other side of this page.

Scan the QR code for more “Suddenly in Charge” tip sheets and connect with your local K-State Research and Extension office.



Publications from Kansas State University are available at:  
[bookstore.ksre.ksu.edu](http://bookstore.ksre.ksu.edu)

Brand names appearing in this publication are for product identification purposes only. No endorsement is intended, nor is criticism implied of similar products not mentioned.

Contents of this publication may be freely reproduced for educational purposes. All other rights reserved. In each case, credit Melody Garcia, et al., *Suddenly in Charge: Tornado and Fire Safety*, Kansas State University, April 2020.

**Kansas State University Agricultural Experiment Station and Cooperative Extension Service**

K-State Research and Extension is an equal opportunity provider and employer. Issued in furtherance of Cooperative Extension Work, Acts of May 8 and June 30, 1914, as amended. Kansas State University, County Extension Councils, Extension Districts, and United States Department of Agriculture Cooperating, J. Ernest Minton, Director.

MF3502 April 2020

**K-STATE**  
Research and Extension

Family and Consumer  
Sciences

# SUDDENLY IN CHARGE:

## Fire Safety



### Safety

Make plans before a fire happens. Create and practice two ways out of your home. Where is your outdoor meeting spot? Discuss with an adult how you would get out of the house if a fire was in the living room, a bedroom, the kitchen, or if it is in the basement. Now pretend there is a fire in each of those rooms. Go through the motions of yelling, “fire” and getting to your outside meeting spot with phone in hand. (In a real emergency, you’d dial 911, and once outside, never go back in.) Try it again. For fun, try using a timer to see how long it takes for everyone to get to the spot. Practice and do it faster.

The following website will give you a blank grid sheet so that you can create your escape route.

<https://bit.ly/fire-escape-grid>

### Activity

#### Play Hot Potato

Use a balloon, a pillow, or ball, then pass it between people. Add music or other challenges.

#### Make Fire Slime

**Ingredients:** 1½ cup clear glue, 6 teaspoons baking soda, 3 tablespoons contact lens solution, red/yellow/orange food color, 3 bowls, 3 spoons.

**Directions:** Place ½ cup glue in each of the bowls, add 1 to 2 drops of food color (one color per bowl), stir. Add 2 teaspoons of baking soda to each bowl, stir well. Add 1 tablespoon contact lens solution to each bowl. Stir. Then you may put your hands in the mixture and knead.

Enjoy your fiery colored slime.

(Source: [everydaychaosandcalm.com](http://everydaychaosandcalm.com))

### Snack

#### Sweet Treat

Mix 3 teaspoons sugar with 1 teaspoon of cinnamon. Spread butter on warm tortilla or toast. Then sprinkle the cinnamon sugar mixture on the tortilla or toast.

**Wash your hands first!**

Scan the QR code for more “Suddenly in Charge” tip sheets and connect with your local K-State Research and Extension office.



Publications from Kansas State University are available at:  
[bookstore.ksre.ksu.edu](http://bookstore.ksre.ksu.edu)

Brand names appearing in this publication are for product identification purposes only. No endorsement is intended, nor is criticism implied of similar products not mentioned.

Contents of this publication may be freely reproduced for educational purposes. All other rights reserved. In each case, credit Melody Garcia, et al., *Suddenly in Charge: Tornado and Fire Safety*, Kansas State University, April 2020.

**Kansas State University Agricultural Experiment Station and Cooperative Extension Service**

K-State Research and Extension is an equal opportunity provider and employer. Issued in furtherance of Cooperative Extension Work, Acts of May 8 and June 30, 1914, as amended. Kansas State University, County Extension Councils, Extension Districts, and United States Department of Agriculture Cooperating, J. Ernest Minton, Director.

MF3502 April 2020

**K-STATE**  
Research and Extension

Family and Consumer  
Sciences